



TEXAS
Health and Human
Services

★ Abilene State Supported Living Center ★

OUR MISSION:
To empower people to make choices
that result in a life of dignity and
increased independence.

AbSSLC News

Abilene SSLC

Week of May 13th, 2024

Remember that your AbSSLC Name Badge must be presented at the gate for entry and visible at all times while on campus

Heat Precautions

Helpful Reminders for you and those we serve:

- Limit outdoor activity, especially midday when the sun is hottest.
- Be sure all vehicles are cool and have properly working air conditioning. If the air conditioning is not working properly, report it to Motor Pool.
- Sunscreen should be worn and reapplied as indicated on the package.
- Pace activities. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Encourage Individuals to do the same thing. Muscle cramping may be an early sign of heat-related illness.
- You and the Individuals should wear loose, lightweight, light-colored clothing.
- If you or an Individual need to cool down, cool showers or baths are helpful.
- **Never leave anyone in a car unsupervised.**

Campus Visitors

Remember that notice must be given for Campus Visitors to allow them access through the gate.

If you have a visitor coming to campus (someone without an employee badge or one assigned various groups who frequently visit) you must notify **Jimmy Betcher & Kim Florez** by email of who is visiting along with the date/time expected.

Springtime Bugs & Critters

Springtime brings us warmer weather and the chance to enjoy the great outdoors but it also brings us bugs & critters of all shapes & sizes.

Your work in helping keep these under control is a huge help. Please see below for some tips:

- Report any issues with door sweeps (the strip at the bottom of the door) along with any holes you see in walls or the floor. You can submit a CAFM WO to have these addressed.
- Don't leave food/drinks out. If you have food in your desk or locker it must be in a **sealed** container - a metal container is best but heavy-duty plastic works too.
- Clean up spills. Ants/bugs **love** sugary drinks and formula. If something is spilled, please ensure it's cleaned up – this means wiping up whatever spilled but also cleaning it with soapy water to ensure sugar isn't left behind.
- Ensure wheelchairs are cleaned thoroughly and on a regular basis. Food/drink/accidents are huge draws for bugs.
- Keep doors closed. Having them propped open is bad for the HVAC but also allows our four(+)-legged friends to come in.
- Leave the mouse traps, glue boards, etc. where you find them.
- Submit a **Pest Control Request** if you are having mice, ants, etc. Orkin uses these requests to ensure areas are treated during their Thursday visits. These requests are in addition to the regular treatments that occur in each building.

See - Say - Do

Shout Outs!

Shout out to **Jessica Flores** at the Activity Center for always working hard for the residents and always going beyond for anyone and everyone. She's beyond dedicated for her work! She's so greeting when someone goes into the building and just always is beyond respectful! You go Jessica keep up the good work and being a kind person! You are truly apart of the together we shine!

I would like to send a shout out to **Laura King, Joanne Josselet, Courtney Pearce,** and **Angela Pullin** for stepping up and offering to Cover as AOD (Administrator on Duty) for the Holidays we will have in the next 4 months. This duty can be very stressful as they are called upon to make decisions and help out when, and where needed.

Shout Out to **Cheryl Galvan**. Mrs. Galvan has been a **GOLDEN** asset to our department over the past year and half. She has quickly acclimated to our department and has been and major contributor in accomplishing our day-to-day operations to the point of relieving the investigators so they can focus on the increased caseloads. She does all of this with a smile on her face and an awesome attitude. Mrs. Galvan is reliable, knowledgeable, receptive, and a blessing to ANY department she is involved in. I wish I could clone her 1000x or maybe just once and keep the original or the clone ... whichever. 😊

THANK YOU to THE coolest of the cool AbSSLC Crew - **Ashley Alonzo, Kimble Knight, James Mora,** and **Kim Rankin** for coordinating and organizing Tik Tok Tuesday! They were out and about on campus all day/night on Tik Tok Tuesday (5/7) having fun and spreading joy with everyone they visited! They are SO fun and we are sooooo thankful for them and the bright light they are across campus EVERY DAY!

During the exit conference by our PCC, Vira Benson, she reported that this was a very good visit overall. She even noted that engagement was improved in many homes compared to previous visits. She was very complimentary of staff and of her interactions with various staff around campus. She also gave two specific compliments, which we want to give a shout out to **Darreon Magee** for especially excellent engagement with the individuals & **Jimmy Betcher** for ensuring fire drills were kept up to date, for keeping such organized fire drill records, and for graciously lugging those records back and forth from the Admin building

THANK YOU to the AwEsOmE AbSSLC Snow Cone Crew! 2 trucks, 2 trailers, lots of ice, a whole bunch of syrup, 8 hours, 4 different shifts = lots of smiles across campus! Thank you to the always amazing **Rec Crew (David, Crystal, Ashley, Justin, Brenda, Connie, Pam, Teresa)** for making it so fun and so simple and working supppper late Wednesday. AND ... Thank you to **Amber, Cindy, Mike, Jeanne Mari, Gina, & Maria** for getting snow cones across campus, Thursday (and **Ashley, Justin, Blake, Bobby**) AND **Alberto & Roberto** for delivering ice & water when needed. Also, thanks to everyone who filled in the gaps for those doing snow cones so this could happen! Y'all ARE Superheroes EVERY DAY!

Thank YOU to **everyone** who participated in the events for Public Service Recognition Week! 365 days a year, 7 days a week, 24 hours a day, we know that **AbSSLC Staff** are "Out of this world, THE coolest (even if we don't Tik or Tok 😊), always RoCK, Super Heroes, and THE absolute best public servants in Texas"! We are so thankful for YOU and the way you show up every day for the people we love to serve! THANK YOU!

2024 Nurse of the Year Carissa Mason, LVN



(l to r) Krystal Chesser, RN - Jessica Moore, RN
Carissa Mason, LVN - Linda Hinshaw, MSN, Director